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Dear Parents/Carers

Our children, keen to follow the recent Euro 2020 final, have unfortunately witnessed in the news the effects of racism and sadly racism and discrimination still remains at large across social media.

From the moment the children step foot in nursery, respect and equality for all is interwoven into our entire school day. Specific lessons are designed to discuss and teach the children about racial inequality and how to be advocates for anti-racism.

The recent and ongoing treatment of Marcus Rashford, Jadon Sancho and Bukayo Saka enables us to have very relevant and meaningful conversations with our children. As a community, we need to keep developing discussion around racism and discrimination, building on the learning in school.

It is crucial that conversations surrounding race and discrimination occur regularly in the home and not just as a response to such shocking recent events. As such, I wanted to share some information from the NSPCC about talking about racism with your family and how to deal with questions and comments in an age appropriate way.

"Racism and racial abuse or bullying can be really distressing for children and young people. When a child is bullied or treated differently because of their race, it can lead to feelings of isolation, depression, anger or even shame about their race or how they look."

"While many parents or carers may feel afraid of saying the wrong thing, having an open conversation will help children learn about how racism still exists, and to recognise how it affects them or people they know. Talking openly can also help a child to feel more comfortable sharing how they're feeling with you, and to confide in you if they've experienced or seen racism or racial abuse."

"It can help explain to children that we aren't all the same, the human race is diverse and that is a good thing. The world would be a very boring place if everyone was the same. This can help children to notice race and appreciate it. It encourages conversation, understanding and empathy with people who are different from them."

If you would like to visit the NSPCC website for a complete guide and further helpful tips, please use the link below. https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/children-race-racism-racial-bullying/

Kind regards, Jess Clayton PSHE

