



OAKWORTH
Primary School

Headteacher
Mr E Whitehead

Oakworth Primary School
Station Road, Oakworth
Keighley BD22 7HX

T: 01535 642309 F: 01535 642199

E: office.oakworth@bronteacademytrust.org.uk

W: oakworthprimary.co.uk

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Dear Parents and Carers,

In Summer Term, as part of our PSHE/RSE curriculum, children in Year 5 & 6 will have some sessions regarding puberty. This is to prepare them for the physical and emotional changes that they will undergo as they enter adolescence, and also to ensure they have the correct facts. Each year the topic is revisited to ensure children are fully informed, have the correct information and also answer any questions about puberty they may have.

Learning is broken down into an introduction, what puberty is, how boys and girls bodies grow, and changes to bodies growing up. It is important that boys / girls are taught about both sexes, so there is no misunderstanding and they are fully informed, so some sessions will be organised in classes and other sessions the groups will be split into boys and girls.

We do not teach about human reproduction (how babies are made) in school but obviously as a parent this is your choice for when you decide to have these conversations. The focus in school places emphasis on the physical and emotional changes experienced during puberty.

RSE objectives for Y5/6:

- - I understand the physical and emotional changes I will go through at puberty
- -I can look after my body and health as I go through puberty
- -I can manage my periods (menstruation) or I understand how girls manage their periods and I am respectful of this.

These objectives will be re-visited again next year in Summer Term for the current Y5 children to recap on learning and again answer any questions they have.

If you wish to contact the Year 5 or Year 6 team with any queries or questions about this, please don't hesitate to get in touch.

Kind Regards,

Miss S Layfield
Assistant Headteacher